



Get involved with this extraordinary community project
 Grow your own food – Sow A Row
 Veg pledge – Volunteer on the day
freedomfestival.co.uk/projects/freedom-feastival
hullharvestfestival.org.uk/get-involved-register-today

Hull Harvest Festival



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#freedomhull

Save the date

Celebrate our 10th year in 2017 – 1-3 September

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Keep the conversation alive



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Thank you for your interest in this year's Freedom FEASTival. This brochure explains the many ways you can get involved in making this exciting event happen.

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Thank you to our sponsors who helped to make this happen



What is Freedom FEASTival?

Thousands of Freedom Festival goers in 2017 will get a real taste of Hull as part of a long-term community harvest project which will culminate in a spectacular feast that will form part of the 10th festival celebrations for the regions largest, international arts festival.

Freedom Festival Arts Trust in partnership with Hull Harvest FEASTival and supported by Keepmoat and ABP are developing a large-scale community project which will see hundreds of local people come together sow, grow and ultimately gift a gastronomic feast to be experienced by up to 2000 festival goers on the 3rd September, closing out this years festival with a truly home grown performance. What a way to close out the 10th Freedom Festival and reinforce the cities status as a true 'City of Culture'.

As with all things Freedom, there will be a large dash of theatre added to the feast which will take place in the reimagined Festival Gardens (Queens Gardens site). Circus, music, installations and a plethora of indescribable world class performances will support the feast creating a theatrical foodie experience for all involved.

Everyone welcome to take part!

Freedom FEASTival is a community event that anyone can take part in. Whether that's growing some food, promoting the 'sow-a-row' and veg pledge campaign on your allotment site or helping out on the day. It will take hundreds of people to make the Freedom FEASTival the biggest locally grown and shared feast in the city, an extraordinary and worthwhile project to be a part of!

Hundreds of volunteers are being sought to participate in a range of activities including; growing food for the feast, guerrilla gardening, cooking and participating in the gastronomic extravaganza that will close out this years Freedom Festival.

So, join us in showcasing the very best of Hull to local, national and international visitors to Freedom Festival. As a Freedom FEASTival volunteer you can be assured that you will meet with some incredible like minded people, share and learn from experienced growers, be a part of an incredible artistic programme and play a pivotal role in showcasing this city and the communities within.



Get involved with this extraordinary community project

At the heart of the Freedom FEASTival is the ambition to bring together people from all backgrounds and situations to create something amazing, with a legacy that extends beyond the day. Whether you're a keen cook, an avid gardener or someone who simply wants to contribute towards the incredible transformation taking place across Hull, your input will help make this project and the annual Freedom Festival an event to remember for all involved.

We're looking for volunteers who can help both in the lead-up to the Freedom FEASTival as well as on the day itself, Sunday 3rd Sept.

Volunteer registration

If you would like to be involved in both stages, you are welcome to apply for more than one role.

Training and induction sessions for each role will be provided and you can see full descriptions of each role, plus training info and other key dates across the following pages.

We look forward to working with you!

Freedom FEASTival Preparation roles

The roles we are looking for are...

- Sow a Row Champion
- Veg Pledge Champion
- Harvest and logistics team
- Head chefs
- Kitchen volunteers
- Front of house volunteers
- Guerrilla Gardeners



Before the festival

Sow a Row Champion



Do you already grow food or want to have a go this year? Whether you are a new grower with a small back yard, an allotment holder or a commercial grower, you can help make the Freedom FEASTival happen by sowing a row of veg to donate in the week before the event.

Many food growers across Hull and the East Riding have already pledged veg for this event. It's not too late to start planting now.

Check out our website for updates, examples and inspiration of how other growers are getting involved

www.hullharvestfestival.org.uk

Planting dates and growing times

	April			May				June			July			August		Sept							
	10/04/17	17/04/17	24/04/17	01/05/17	08/05/17	15/05/17	22/05/17	29/05/17	05/06/17	12/06/17	19/06/17	26/06/17	03/07/17	10/07/17	17/07/17	24/07/17	31/07/17	07/08/17	14/08/17	21/08/17	28/08/17	Harvest Festival Week 01/09/17	Weeks
Onions	🍷	🍷	🍷	🍷	🍷	🍷	🍷	🍷	🍷	🍷	🍷	🍷	🍷	🍷	🍷	🍷	🍷	🍷	🍷	🍷	🍷	🍷	20
Tomatoes (Cherry)		🍅	🍅	🍅	🍅	🍅	🍅	🍅	🍅	🍅	🍅	🍅	🍅	🍅	🍅	🍅	🍅	🍅	🍅	🍅	🍅	🍅	19
Carrots (maincrop)				🥕	🥕	🥕	🥕	🥕	🥕	🥕	🥕	🥕	🥕	🥕	🥕	🥕	🥕	🥕	🥕	🥕	🥕	🥕	16
Potato (first early)					🥔	🥔	🥔	🥔	🥔	🥔	🥔	🥔	🥔	🥔	🥔	🥔	🥔	🥔	🥔	🥔	🥔	🥔	15
Cucumber								🥒	🥒	🥒	🥒	🥒	🥒	🥒	🥒	🥒	🥒	🥒	🥒	🥒	🥒	🥒	13
Beetroot								🍆	🍆	🍆	🍆	🍆	🍆	🍆	🍆	🍆	🍆	🍆	🍆	🍆	🍆	🍆	13
Lettuce								🥬	🥬	🥬	🥬	🥬	🥬	🥬	🥬	🥬	🥬	🥬	🥬	🥬	🥬	🥬	13
Pumpkin								🎃	🎃	🎃	🎃	🎃	🎃	🎃	🎃	🎃	🎃	🎃	🎃	🎃	🎃	🎃	13
Spinach								🌿	🌿	🌿	🌿	🌿	🌿	🌿	🌿	🌿	🌿	🌿	🌿	🌿	🌿	🌿	13
Peppers								🌶️	🌶️	🌶️	🌶️	🌶️	🌶️	🌶️	🌶️	🌶️	🌶️	🌶️	🌶️	🌶️	🌶️	🌶️	12
Runner beans									🌱	🌱	🌱	🌱	🌱	🌱	🌱	🌱	🌱	🌱	🌱	🌱	🌱	🌱	11
Pea									🌱	🌱	🌱	🌱	🌱	🌱	🌱	🌱	🌱	🌱	🌱	🌱	🌱	🌱	11
Courgette												🍆	🍆	🍆	🍆	🍆	🍆	🍆	🍆	🍆	🍆	🍆	9
French Beans													🌱	🌱	🌱	🌱	🌱	🌱	🌱	🌱	🌱	🌱	8
Radish																		🍆	🍆	🍆	🍆	🍆	5

Veg Pledge Champion - help us tell the world!



We're looking for help with spreading word of the Freedom FEASTival to growers across Hull and East Yorkshire, encouraging people to pledge their veg!

If you're an allotment enthusiast who wants to encourage fellow plot holders to get involved, or, a passionate foodie who cares about local produce and would like to get involved in growing projects in your area, this is the role for you. A friendly approach and excellent communication skills are also essential to this forward-facing role.

Veg Pledge Champions will:

- Attend a Freedom FEASTival induction session.
- Commit a minimum of two hours per week to the role between May and August 2017.



Harvest and Logistics Team - are you an outdoors person?



Not afraid to get your hands dirty, as a member of the harvest team you will be responsible for harvesting crops from growing sites across Hull and the East Riding, collecting fresh produce from allotments and sorting donations and event equipment.

Harvest and logistics team members will be asked to:

- Attend our induction session.
- Commit to working at least one day between 30th August and 2nd September 2017.

Freedom FEASTival Event volunteers



Head chefs



We are looking for a limited number of qualified and experienced chefs to join the existing Hull Harvest FEASTival team. Our volunteer chefs must have experience of cooking on a large scale plus the skills and experience to be able to improvise and adapt to whatever local produce we have to cook with on the day of the Freedom FEASTival. You will be working with a large volunteer team with varying levels of kitchen experience so patience and good communication skills are a must. A passion for cooking with delicious locally grown produce is also essential!

Volunteer chefs will be asked to:

- Attend an informal interview.
- Attend three chefs meetings before the event.
- Work together to develop a provisional menu prior to the event based on expected donations.
- Work in shifts between 8am - 10pm at the Freedom FEASTival event during Freedom Festival on Sunday 3rd September 2017.

Kitchen Volunteers – handy in the kitchen?



We're looking for a large team of kitchen hands to work behind the scenes on the day of the Freedom FEASTival, supporting our head chefs with whatever help they need in the kitchen. From chopping veg to keeping the place clean and tidy, you'll be at the centre of the Freedom FEASTival activity and helping to make sure the food is served on time! All kitchen volunteers will be given food hygiene training and will be asked to commit to a 5-hour shift on the day of the Freedom FEASTival.

Kitchen volunteers will be asked to:

- Attend our induction session.
- Undertake basic food preparation tasks.
- Take part in pot-washing and cleaning.
- Commit to a five-hour shift between 7am and 10pm on Sunday 3rd September 2017.

Front of house volunteers – are you a people person?



As a front of house volunteer, you will be the face of the Freedom FEASTival. In the hours before the meal, you will be communicating information about the event to members of the public. When the food is ready, it will be your job to make sure all of the Freedom FEASTival guests find their seat, serve food and clear the tables. Qualities, such as, good organisational skills, a level head and not being afraid of interacting and having fun with the public would be helpful in this role.

Front of house volunteers will be asked to:

- Attend our induction session.
- Communicate with members of the public and give excellent standards of customer service.
- Serve food and clear tables.
- Commit to a five hour shift between 7am and 10pm on Sunday 3rd September 2017.

Other roles to get your teeth into

Other roles on the day will include help with moving equipment and decorating the eating area. We would also like photographers and filmmakers to capture images of the day. We are looking for drivers who can transport equipment and donations, prior to and on the day of the event.

For volunteers wanting to take on one of these roles we will be asking that you:

- Attend our induction session.
- Commit to your role which will be discussed with you individually.
- All drivers will need to have appropriate vehicle insurance (in practice this just means telling your insurance company and should not involve an additional premium).



Guerrilla Gardeners



Our clandestine gardeners will take to the city streets a few days prior to the festival and under the cover of darkness, will reimagine pockets of land that are currently unused transforming that into a glorious floral vision. They will also plant new street dressing installations pre Freedom FEASTival, bringing the city centre to life.

- Attend our induction session.
- Communicate with members of the public and give excellent standards of customer service.
- Guerrilla Gardening will take place in the week leading up to Freedom Festival 28th Aug - 1st Sept 2017, 8am - 9pm.



Freedom FEASTival Partners

FREEDOM Festival Arts Trust

A registered charity and company limited by guarantee, Freedom Festival Arts Trust is an innovative arts organisation responsible for producing the highlight of Hull's cultural programme, Freedom Festival, and a growing in year programme of work.

Freedom Festival Arts Trust celebrates, through artistic and cultural expression, Hull's independent spirit and historic contribution to the cause of Freedom.

The festival grew out of bicentenary commemorations in Hull in 2007 of William Wilberforce's Act of Parliament which abolished the slave trade in the British Empire. An overriding commitment to articulating the ethos of freedom throughout the festival and across our work is what sets it aside from other comparable events, creating a unique experience for artist and audience alike.



Timebanking is a mechanism of exchange where the currency is time rather than money. Every hour you give to help another member (or project) can be 'banked' and spent on something you need yourself at a later date.

Give an hour, get an hour!

Everyone is equal no matter what is exchanged.

Hull Harvest Feastival

Established in 2015, the vision behind the Hull Harvest Feastival was to run a DIY event that everyone could play a part in creating. We wanted to inspire people through demonstrating what could be achieved by sharing – gluts of locally grown produce, skills and equipment.

In 2015 and 2016, we created a meal for the city which fed over 500 people, two dishes, and gave them the opportunity to plant up their used containers with seeds to inspire them to grow food themselves. The Harvest Feastival is all about celebrating the abundance we have and inspiring people to connect, share and collaborate. We are delighted to be partnering with the Freedom Festival to create this years' Freedom FEASTival.



Our Volunteer Charter

We really value the contribution that all of our volunteers make to our projects.

As a Freedom FEASTival volunteer, you can expect us to:

- Give equal opportunities to everyone who wants to volunteer
- Provide a positive and friendly atmosphere
- Match your skills and experience with a suitable role
- Assist you in the acquisition and development of new and existing skills
- Make necessary arrangements to ensure your health, safety and welfare as a Freedom FEASTival volunteer is respected at all times
- Respect all volunteers and encourage strong two-way communication
- Offer appropriate information and support to assist you in carrying out your role both ahead of, and for the duration of the event
- Give notice of any change to arrangements as soon as possible
- Celebrate success and recognise loyalty and dedication
- Provide all volunteers with a reference on completion of the programme



As a Freedom FEASTival Volunteer: we expect you to:

- Be friendly and approachable to participants, members of the public, other volunteers and staff
- Treat everyone equally regardless of age, gender, sexual orientation, religion or disability
- Be respectful towards all individuals and do not use language that could cause offence
- Work in partnership with other volunteers, staff and the general public
- Commit fully to your allotted time slots, tasks and responsibilities
- Follow the instructions and guidelines provided by the Freedom FEASTival team
- Refrain from smoking and not to be under the influence of alcohol or recreational drugs whilst on duty and representing Freedom FEASTival
- Understand that the Freedom FEASTival shall not be liable for any injury or loss occurring as a result of volunteering
- Provide as much notice as possible should you be unable to attend one of the days or sessions you are scheduled to participate in
- Be committed to having the best possible experience and getting the most out of your involvement
- Act as a good advocate and always consider and protect the good reputation of Hull Harvest FEASTival and Freedom Festival in your actions and conduct

Freedom FEASTival Volunteer Schedule

Growing Sessions

Pickering Road Orchard Thurs 6 July / 20 July / 3 Aug 9.30am - 2pm

Keepmoat Allotment Sat 15 July 10am - 12pm / Wed 16 Aug 4 - 5pm

Rise Walled Garden (lifts needed) Mon 17 July / Mon 24 Aug 9.15am - 4pm

East Hull Community Farm Wed 26th July 11am - 3pm

All Freedom FEASTival volunteers will be expected to attend 1 induction training event. Food hygiene training will be available. Details will be made available during inductions.

Induction & Training

Mon 10 July 10.30am - 12.00pm TimeBank Office

Wed 26 July 10-11.30am / 5.30-7pm + Eat & Meet 2 7-9pm East Hull Community Farm

Wed 16 Aug 5.30pm - 7pm + Eat & Meet 3 7-9pm Keepmoat Allotment

We recommend that all volunteers attend at least one 'Eat & Meet' session.

Masterclasses

Fri 11 Aug 5.30 - 9pm Harvesting & storage with BBQ Frith Farm

Thurs 17 Aug 9.30 - 2pm Apple Pressing Pickering Road Community Orchard

Thurs 31 Aug 9.30 - 2pm Apple Pressing Pickering Road Community Orchard

Harvesting + Vegetable donation collections

Saturday 26th Aug 1 - 4pm Potato harvesting + BBQ Keepmoat Allotment

Wednesday 30th Aug - Saturday 2nd September Various locations

Shift Times (subject to change)

Freedom FEASTival Preparation

August 30th & 31st 10-4pm Sept 1st & 2nd 10-4pm

Freedom FEASTival - 3rd Sept Sunday 3rd Sept, 7am - 9.30pm
various shifts available

How to apply

Online

The first step towards becoming a volunteer is to register your interest by completing the application form online at:

surveymonkey.co.uk/r/FreedomFEASTival

Or if you prefer you can download the volunteer application form, visit:

freedomfestival.co.uk/projects/freedom-festival

Post or Email

Please return your completed form via email or by post to:

Email: hello@hullharvestfestival.org.uk

Bryony MacFadyen/ Kate Macdonald
TimeBank Hull and East Riding,
The Community Enterprise Centre,
Cottingham Rd, Hull,
HU5 2DH

Any questions?

If you have any queries regarding the Freedom FEASTival or questions about signing up, please contact

hello@hullharvestfestival.org.uk

Latest updates

Check hullharvestfestival.org.uk for updates on events.

Terms

You need to be over 18 years of age to volunteer.

